

**ALLISON STUPPY-SULLIVAN****allison.stuppy@yale.edu**

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**EDUCATION:**

- 2015 **Yale University**, New Haven, CT  
Doctor of Philosophy Candidate, Clinical Psychology
- 2007 – 2011 **Stanford University**, Palo Alto, CA  
Bachelor of Arts., Psychology, Neuroscience Track, with Honors  
Minor in Creative Writing

**RESEARCH EXPERIENCE:**

- 2013 – 2015 **Project Coordinator and Faculty Research Assistant**  
Center for Addictions, Personality, and Emotion Research (CAPER)  
Department of Psychology  
University of Maryland, College Park  
Supervisor: Richard Yi, Ph.D.
- 2014 – 2015 ***Smoking Cessation with Behavioral Activation and Contingency Management in an underserved population (UMD Dean's Research Initiative)***  
*A pilot study testing the efficacy of Behavioral Activation as a smoking cessation intervention for a low-income urban population. The contingency management component, directed toward adherence to BA materials post-treatment, utilizes cellular phone technology.*
- Conducted site visits and recruitment pitches.
  - Screened participants.
  - Prepared intervention and assessment materials.
  - Administered assessments and nicotine patches.
  - Created a guide introducing participants to principles of contingency management and related study procedures.
  - Maintained longitudinal datasets for assessments pre-, during, and post-treatment.
- Remediation of Elevated Delay Discounting in Mid-Life Individuals (NIH/NIA R01 AG048904)***  
*A small-scale randomized controlled trial using a computerized executive function training intervention to experimentally examine changes in Executive Functioning and Delay Discounting in a sample of mid-life individuals with increased risk for poor consequences due to early-life disadvantage.*
- Conducted site visits and recruitment pitches.
  - Administered assessments.
  - Ran preliminary data analyses to establish the study population.

- Analyzed pilot data to examine social psychological correlates of substance use and mental health symptom severity.

2014 - 2015

**Diagnostic Interviewer**

Center for Addictions, Personality, and Emotion Research (CAPER)  
University of Maryland, College Park & Salvation Army Harbor Light Substance Abuse Treatment Center, Washington, DC  
Supervisors: Carl Lejuez, Ph.D. & Derek Iwamoto, Ph.D.

- Conducted clinical interviews using the Structured Clinical Interview for DSM-IV Disorders (SCID) to assess Axis I and II psychopathology among clients at an inner-city residential substance abuse treatment center.
- Composed clinical treatment notes describing interview findings and stating recommendations for treatment counselors.
- Evaluated SCID diagnoses to determine research study eligibility.
- Participated in weekly clinical supervision meetings and attended lectures on multicultural considerations.

2013 - 2015

***Monetary Intertemporal Choice Tasks as Non-Fungible, Non-Monetary Intertemporal Choice Tasks***

*A laboratory study exploring decreased delay discounting for monetary vs. analogous consumable rewards.*

- Developed study protocols and materials.
- Trained and supervised undergraduate research assistants in administering the study protocol, and entering and scoring quantitative and qualitative data.
- Managed data and performed analyses, including ANOVA and tests of equivalence and difference based on Inferential Confidence Intervals.
- Submitted findings and presented at a conference symposium.

***Future/Other Orienting and Intertemporal/Interpersonal Decision Making***

*A series of laboratory studies exploring Construal Level Theory, which states that concrete, low-level mental representations are associated with a preference for what is psychologically near: temporally (the present vs. the future) and socially (the self vs. others).*

- Developed study protocols and materials.
- Trained and supervised undergraduate research assistants in administering study protocols, and entering and scoring quantitative and qualitative data.
- Managed data and performed analyses.
- Prepared manuscripts for publication in peer-reviewed journals.

***Value and Pursuit of Academic Goals Study***

*A series of laboratory and online studies applying Construal Level Theory, which states abstract mental representations are associated with a preference for what is psychologically distal, to academic delay of gratification.*

- Developed study protocols and materials.
- Trained and supervised undergraduate research assistants in administering study protocols, and entering and scoring quantitative and qualitative data.

- Managed data and performed analyses.
- Presented findings at an academic conference.

### ***Emotion-Regulation and Delay Discounting Study***

*An online experimental study examining effects of valence- and direction-specific emotion regulation instructions on delay discounting.*

- Collected data online using Amazon Mechanical Turk
- Created Excel Pivot Tables to automate discount rate calculations for hundreds of participants.
- Managed data and performed analyses.

### ***Construal, Decision Making, and Neuroimaging (University-funded)***

*A behavioral pilot designed to explore the relationship between construal level and temporal discounting and to their associated neurocorrelates.*

- Adapted measure trials to fit requirements for scans.
- Trained and supervised undergraduate research assistants in administering the study protocol, and entering and scoring quantitative and qualitative data.
- Managed data and performed analyses.

2013- 2014

### **Supervised Reviewer**

Supervisor: Richard Yi, Ph.D.

- *Behavioral Processes*
- *PLOS ONE Decision*
- *Journal for the Experimental Analysis of Behavior*

2011 - 2013

### **Research Assistant**

Center for the Study of Traumatic Stress (CSTS)

Department of Psychiatry

Uniformed Services University of the Health Sciences

Supervisors: Carol Fullerton, Ph.D., James McCarroll, Ph.D., & Quinn Biggs, Ph.D.

### ***Troop Education for Army Morale: A post deployment educational program for Mortuary Affairs Soldiers***

- Implemented and evaluated a longitudinal randomized control trial for a post-deployment intervention based on Psychological First Aid, Skills for Psychological Recovery, and Cognitive Behavioral Therapy.
- Coordinated and participated in on-base site visits with Mortuary Affairs soldiers in the United States Army.
- Managed quantitative and qualitative data sets.
- Served as a liaison between principal investigators, postdoctoral research fellows, and statisticians to conduct, organize, and analyze longitudinal data.
- Prepared and presented literature reviews, tables, figures, and other documents of progress for principal investigators.
- Created an archive of analyses run, notable findings, and SPSS output to facilitate manuscript writing and evaluate data analysis progress.
- Contributed to posters and presentations.

***Other projects***

- Conducted and synthesized literature searches involving trauma, comorbidity with mental health disorders, screening, and suicide ideation to create factsheets for primary care physicians and military families.
- Communicated with the University Institutional Review Board to prepare review documents for a study involving Family Violence and Trauma in the Army.
- Transcribed and organized interviews of over 34 military and civilian personnel aimed to inform disaster behavioral health.

2010 – 2011

**Senior Honors Student**

Decision Neuroscience Lab

Stanford University

Faculty Mentor: Samuel McClure, Ph.D. Consulting Mentor: James Gross, Ph.D.

- Conducted an independent research study of emotion regulation and decision-making.
- Examined associations between expressive suppression, cognitive reappraisal, and delay discounting.
- Developed a valence- and direction-specific emotion regulation questionnaire that revealed important and significant individual differences.
- Developed a battery of emotion regulation questionnaires and impulsivity scales.
- Ran an online study using Amazon Mechanical Turk.
- Presented data at weekly lab meetings.
- Prepared a written thesis and presentation for June 2011.

2009 - 2010

**Undergraduate Research Assistant**

Symbiotic Project on Affective Neuroscience Lab (SPAN Lab)

Stanford University

Principal Investigator: Brian Knutson, Ph.D.

Supervisor: Kacey Ballard, Ph.D.

*Several behavioral pilots for fMRI projects involving reward processing, learning, and decision making.*

- Scheduled and ran undergraduate participants.
- Entered data.
- Conducted literature reviews.
- Troubleshoot and edited ePrime scripts.

2009

**Undergraduate Research Assistant,**

Lifespan Development Lab/Decision Neuroscience Lab

Stanford University

Principal Investigators: Laura Carstensen, Ph.D &amp; Samuel McClure, Ph.D.

Supervisor: Gregory Samanez-Larkin, Ph.D.

***Exploration-Exploitation and Age****Behavioral and fMRI studies of reinforcement learning across the adult lifespan.*

- Recruited older and younger adult participants from the community.
- Scheduled, greeted, and prepared participants for computer tasks and fMRI scans.
- Preprocessed fMRI data in AFNI.
- Created and managed a participant database in FileMaker.
- Conducted literature reviews on aging and neurochemistry.

### **MENTORSHIP AND TEACHING:**

2014 - 2015

#### **Research Mentor**

#### **The First Year Innovation and Research Experience (FIRE) Program**

Center for Addictions, Personality, and Emotion Research (CAPER)

University of Maryland, College Park

- Developed infrastructure to manage over 40 first year students.
- Developed curriculum and lab activities for one of three core research areas: the basic science research area, which emphasized psychological processes underlying the development, maintenance, and treatment of addiction.
- Created recruitment materials for the first cohort of students.
- Lead basic research rotation in weekly seminars.

#### **BodyPump™ Fitness Instructor**

Campus Recreation Services

University of Maryland, College Park

- Lead and coached weekly 70-minute weight-based group fitness classes for students and other members of the fitness community.
- Emphasized technique and safety while motivating class members.

2014 - 2015

#### **Supervisor for Psyc 469H: Honors Thesis Proposal Preparation**

Research Supervisor for two undergraduate students completing Senior Projects,

Department of Psychology

University of Maryland, College Park

- Guided literature reviews and study design.
- Edited Institutional Review Board submission materials.

2013 - 2015

#### **Supervisor for Psyc 479: Special Research in Psychology and Volunteer Undergraduate Research Assistants**

Department of Psychology

University of Maryland, College Park

*Research Supervisor for over 30 undergraduate students receiving course credit and volunteering.*

- Met weekly with individual students.
- Trained students in protocol implementation, data entry and scoring, lab culture, and best practices.
- Assessed student performance based on active attendance and professionalism in the lab and a final paper.

2013 - 2015

**Lab Liaison for The Gemstone Honors Program**

Honors College

The University of Maryland, College Park

- Supervised two multidisciplinary undergraduate research teams.
- Trained undergraduates in laboratory procedures, including participant payment, Institutional Review Board Submissions, and online screening and data collection using Amazon Mechanical Turk.
- Served as a discussant for the 2014 Gemstone Senior Team Thesis Conference, providing presentation feedback and written comments regarding the team thesis.

**AWARDS AND HONORS:**

2013

**Certificate of Recognition**

Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury  
Department of Defense

2012

**Joint Meritorious Unit Award**

Defense Centers of Excellence for Psychological Health and Traumatic Brain Injury  
Department of Defense

**PROFESSIONAL MEMBERSHIPS:****Association for Psychological Science (APS)****Association for Behavioral and Cognitive Therapies (ABCT)****ABCT Special Interest Group: Addictive Behaviors****JOURNAL PUBLICATIONS**

1. **Stuppy-Sullivan, A. M.**, Tormohlen, K. N., & Yi, R. (2016). Exchanging the liquidity hypothesis: Delay discounting of money and self-relevant non-money rewards. *Behavioural processes*, 122, 16-20.
2. Yi, R., Pickover, A., **Stuppy-Sullivan, A. M.**, Baker, S., & Landes, R. D. (2016). Impact of episodic thinking on altruism. *Journal of Experimental Social Psychology*, 65, 74-81.

**POSTERS AND PRESENTATIONS:**

1. **Stuppy, A.**, Tormohlen, K., & Yi, R. *Delay discounting for money and personalized non-money rewards*. Symposium presentation at the Association for Behavior Analysis International annual convention, San Antonio, TX, May 2015.
2. **Stuppy, A.**, Risco, C., & Yi, R. *CLT and Academics: Abstract Construal Increases Academic Delay of Gratification*. Poster presented at the 26th APS Annual Convention, Association for Psychological Science, San Francisco, CA, May 2014.

3. **Stuppy, A.**, Yi, R., Gross, J., & McClure, S. *Specific Emotion Regulation Strategies and Temporal Discounting*. Poster presented at the 26th APS Annual Convention, Association for Psychological Science, San Francisco, CA, May 2014.
4. Biggs, Q. M., Fullerton, C. S., Cox, D., McCarroll, J. E., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *Troop Educational for Army Morale (TEAM): A post deployment educational program for Mortuary Affairs Soldiers; results from the first two years*. Research Days, USUHS, Bethesda, MD, May 2012.
5. Cox, D., Fullerton, C. S., Biggs, Q. M., McCarroll, J. E., **Stuppy, A.**, Kansky, J., & Ursano, R. J. *Troop Educational for Army Morale (TEAM): A post deployment educational program for Mortuary Affairs Soldiers; results from the first two years*. 7th Annual Conference on Amygdala, Stress and PTSD: Recovery From Stress, USUHS, Bethesda, MD, April 2012.
6. Biggs, Q. M., Fullerton, C. S., Cox, D., McCarroll, J. E., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *The impact of TEAM: An innovative post deployment intervention for traumatic stress in U.S. Army Mortuary Affairs Soldiers*. International Society for Traumatic Stress Studies Annual Meeting, Los Angeles, CA, November 2012.
7. Cox, D. W., Fullerton, C. S., Biggs, Q. M., McCarroll, J. E., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *Adapting and Applying Empirically-Based Principles for Acute Stress Responses to the Chronic Stress Responses of Mortuary Affairs Soldiers*. Poster presented at the annual meeting of the Association of Behavioral and Cognitive Therapies, National Harbor, MD, November 2012.
8. Fullerton, C.S., Benedek, D. M., Zatzick, D., McCarroll, J.E., Biggs, Q. M., Liu, X., Kansky, J., **Stuppy, A.**, & Ursano, R. J. *Mortuary Affairs Soldiers: Early intervention and altering barriers to care for traumatic stress and PTSD*. Military Operational Medicine Research Program (MOMRP), Stigma/Overcoming Barriers to Care and Access Solutions, Fort Detrick, MD, September 2012.
9. **Stuppy, A.** *How To Hold Your Horses: Specific Emotion Regulation Strategies and Intertemporal Choice*. Presentation at The Stanford Joint Honors and Coterm Master's Thesis Presentations, Stanford University, Stanford, CA, June 2011.