Faith Prelli, Psy.D., L.P.

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PROFESSIONAL LICENSES/CERTIFICATIONS

Connecticut Department of Public Health

Connecticut Psychologist License # 03608, initially granted 12/1/2016, expires 12/31/2021

New York Office of the Professions

New York Psychologist, License #021208, initially granted 7/1/2015, expires 11/30/2023

Connecticut Department of Public Health

Connecticut Professional Counselor License # 002089, granted 8/5/2011, expired 12/31/2014

EDUCATION

Montclair State University	Montclair, NJ
Family/Civil Forensic Postdoctoral Psychology Certificate	August 2015
Criminal Forensic Postdoctoral Psychology Certificate	August 2015
University of Hartford	West Hartford, CT
Graduate Institute of Professional Psychology	
Clinical Psychology Psy.D.	September 2014
Clinical Psychology Practices M.A.	September 2009
Central Connecticut State University (CCSU)	New Britain, CT

Psychology Major, Philosophy Minor B.A.

CLINICAL EXPERIENCE

11/19-current

VA CT Healthcare System VISN1 Clinical Resource Hub West Haven, CT

May 2007

Staff Psychologist

Full time 40hr, concurrent with part time private practice Supervisor: Jennifer Doran, Ph.D., L.P.

Setting: Clinical Resource Hubs, providing care through telehealth to areas within VISN1, specifically rural Maine.

Population served: Veterans residing in rural areas diagnosed with variety of psychological conditions. Areas of specialization include LGBT health, women veterans, PTSD, and complex clinical presentations.

Clinical Responsibilities:

• Conduct individual psychotherapy, evaluation, and psychological measures, as appropriate through telehealth, either to the home or remote CBOC.

Additional Responsibilities:

- Provide supervision and didactic training to psychology pre-doctoral interns and postdoctoral fellows (currently supervising 1 intern PTSD rotation, 1 LGBT Postdoctoral Fellow, 1 Postdoctoral Fellow, focused on relational psychotherapy and clinical consultation)
- Co-chair Supervision Committee and participate in Diversity Committee, Training Committee
- Provide training to VACT staff and students, Yale staff and students, and local psychological association to address topics including women veteran's issues, antiracism in the clinical relationship, and telemental health.
- Coordinate and facilitate 12 week accountability group for antiracism in the clinical relationship with white dyads. Conducted outside of tour due to executive order limiting diversity trainings.
- Clinical and administrative coverage during leaves.

 10/2011-current
 Dr. Faith Prelli, LLC
 Middletown and Farmington, CT

Psychologist, Clinical Consultant, Supervisor

10/2019-current: Licensed Psychologist Part time schedule 1-2 patient contact hours per week, 2-3 supervision/consultant hours per week, 3-5 hours per week total 2/2017-10/2019: Licensed Psychologist Full time schedule 25-28 patient contact hours per week, 3-5 supervision/consultant hours per week,7-10 documentation hours per week, 35-43 hours per week total, in full time practice building phase

10/2016-2/2017, Licensed Psychologist primary tasks included supervision/consultation, credentialing, marketing, networking, 35-40 hours per week

10/2011-10/2016 Clinical Consultant, not licensed activities (though master's license was maintained), worked as clinical consultant, hours varied, approximately 5-10 hours per month, including supervision/consultation/trainings

Setting: Clinical psychotherapy, private consultation, and clinical supervision. **Population served:** Provide individual psychotherapy (in person and telehealth) to individuals and groups in private practice setting. Provide consultation and supervision to psychologists, social workers, and marriage and family therapists in the areas of psychotherapy provision, gender affirming care, forensic evaluation, risk assessment (e.g., intimate partner violence, problem sexual behavior, suicide/self harm), and career development. Additionally, diversity seminars and experiential process groups offered upon request to agencies.

Responsibilities:

- Provide psychotherapy and consultation related to complex trauma, dissociation, gender/sexuality, psychotic disorders, and personality disorders.
- Focus on supporting clients and clinicians build skills using best practices in evaluation/assessment to guide evidence-based interventions.
- Experiential process groups with focus on increasing social justice and awareness, including understanding and decreasing clinician bias as relates to race/ethnicity, gender/sexuality, disabilities, and other diversity-related issues.

09/17-7/20The New School for Social ResearchNew York, NYThe Safran Center for Psychotherapy Research

Clinical Associate

Part time: 1 hr/week concurrent with full time private practice or full time VA employment Supervisors: Richelle Allen, Ph.D., L.P.

Setting: The Safran Center offers low-fee psychotherapy to the community at large, as well as to students referred to the Safran Center from the New School Counseling Center. Provide weekly hour long consultation/supervision to first year doctoral students in the New School Clinical PhD program Each student carries two cases at a time for 20 sessions each.

09/17-06/18 University of Hartford West Hartford, CT Psychology Department

Adjunct Professor

Part time: Concurrent with full-time practice; 10 hrs/week, taught one 4 credit course per semester, participated in qualifying examinations

Supervisors: Dawn Neese, Ph.D., L.P.

Setting: Professor for two semester course sequence designed to teach the fundamental skills and theory of counseling and psychotherapy. The course was process oriented and focus was on skills required to be an effective interviewer and therapist. Designed within first year of master's program to prepare students for clinical practica.

Kingsboro Psychiatric CenterBrooklyn, NYNew York State Office of Mental HealthFor the second seco

Licensed Psychologist

Full time 40hr, concurrent with part time private practice

Supervisors: Shari Axelrod, Ph.D., L.P.

Setting: Outpatient Office of Mental Health clinic on Kingsboro Psychiatric Center main grounds, designed as a transitional clinic for individuals who have recently been released from long term hospitalization and reside in on-campus transitional housing.

Population served: Individuals diagnosed with severe and persistent mental illness, with cooccurring substance use, personality disorders, intellectual/developmental deficits, and paraphilia diagnoses.

Clinical Responsibilities:

- Conduct crisis intervention, group and individual psychotherapy, evaluation, and psychological testing.
- Developed new groups with interventions designed to support neurocognitive and social cognitive disturbances generally seen in psychotic disorders and a harm reduction integrative psychotherapy group designed for individuals who are actively using drugs or alcohol and are in the pre-contemplative stage of change.
- Provision of dialectical behavioral therapy (DBT) and cognitive behavioral therapy (CBT) both individually and in group modality, with a focus on addressing suicidality, self-harm, substance use, and problem sexual behaviors.

• Mentalization-based therapy is also being utilized individually with several individuals who have been engaged in long-term treatment and are highly resistant to more structured/manualized approaches (e.g., DBT, CBT).

Additional Responsibilities:

- Provide supervision and didactic training to psychology pre-doctoral externs
- Provide training to clinical and residential staff to address clinical implications/approaches to patient care, including personality disorders, psychosis, gender and sexuality issues, cognitive patterns related to psychotic disorders, and intellectual disabilities.

09/14-8/15 Audrey Hepburn Children's House Hackensack, NJ Hackensack University Medical Center

Psychology Fellow

Full time 40 hr, concurrent with part time private practice

Supervisors: Tony D'Urso, Ph.D., L.P. and Richard Coco, Ph.D., L.P.

Setting: Specialized forensic outpatient clinic within a university based medical center. **Population Served:** Families and individuals referred to the clinic by child welfare staff following allegations of child maltreatment, generally sexual abuse allegations.

Clinical Responsibilities:

- Conducted forensic evaluations and treatment in relation to requests or court orders related to allegations of child maltreatment. Evaluations included comprehensive assessments of suspected victims of child maltreatment as well as offending and non-offending parents.
- Provided individual and group psychotherapy to address exposure to trauma, as well as treatment with caregivers to reduce risk of harm to children in their care. Primary modalities included trauma-focused CBT, eye movement desensitization and reprocessing (EMDR), DBT, and brief psychodynamic psychotherapy.
- Qualified as an expert witness in New Jersey Superior Court.

Additional Responsibilities:

- Provided supervision and didactic training to psychology interns and externs at the pre-doctoral level.
- Collaborated with supervisors and peers on research projects.
- Prepared Amicus briefs for the courts regarding child sexual abuse accommodation syndrome and best practices in forensic clinical interviewing.

08/13-8/14 Larned State Hospital Larned, KS Primary Rotation: State Security Program

Pre-Doctoral Intern

Full time 40hr, concurrent with part time private practice

Supervisors: Robin Karp, Psy.D., L.P. and Michael Klemens, Ph.D., Clinical Director **Setting:** APA accredited internship in an inpatient psychiatric hospital. Primary rotation was State Security Program, in a maximum security inpatient hospital environment for criminally committed patients (e.g., Not Guilty By Reason of Insanity) or patients transferred from Kansas Department of Corrections. Secondary rotations included Sexual Predator Treatment Program (residential program for individuals committed to long term supervision and care due to risk of sexual reoffending) and Psychiatric Services Program (inpatient state hospital). **Population Served:** Individuals diagnosed with a variety of severe and persistent psychiatric illnesses, including psychotic spectrum, mood/anxiety, substance use, personality, and paraphilia diagnoses.

Clinical Responsibilities:

- Diagnostic and risk assessment, psychological testing, treatment planning, and individual/group psychotherapy.
- Developed proficiency in test selection and administration, report writing, crisis intervention, diversity, program development, and interdisciplinary treatment team functioning.
- Conducted forensic evaluations, including competency to stand trial, mental state at the time of the crime, pre-sentence evaluations, treatment in lieu of confinement, and sexually violent predator evaluations.
- Selected, administered, and scored psychological testing, including measures designed to evaluate risk, malingering, intelligence/achievement, and personality (projective and self-report) assessment to inform behavior plans, risk assessment, and treatment recommendations.
- Provided group and individual psychotherapy, including DBT for self-harm and sexual offending, good lives model for sexual offending, and integrated psychological therapy (evidence-based cognitive remediation and social skills). Also, designed and facilitated Yoga/Mindfulness group.

Additional Responsibilities:

- Supervised pre-doctoral and master's level externs.
- Participated in intensive didactic training, case presentation, and supervision activities throughout the year.

04/12-6/13

Clinical Consultation Program, Palladia Bronx, NY NYC Administration for Children's Services (ACS)

Clinical Consultant

Full time, concurrent with part time private practice

Supervisors: Fabio Cotza, LCSW-R

Setting: Clinical consultation program housed within large ACS office, specializing in mental health, substance use, and intimate partner violence.

Population Served: Child welfare investigative staff, supervisors, and administrators in largest ACS field office in Bronx, NY. Worked directly with recipients of ACS services when requested to model advanced interventions.

Responsibilities:

- Provided clinical consultation and training to investigative staff, supervisors, and administrators.
- Modeled interventions and assessments for individuals with complex clinical profiles and/or "resistant" families.
- Developed and presented trainings for child welfare staff to increase awareness and competency. Training topics have included (a) batterer intervention programs: review of effectiveness and impact on partners, (b) collaborative safety planning with survivors of IPV and their children, (c) adult attachment styles and relationships, (d)

engagement as an essential tool in the IPV assessment, and (e) self care and vicarious traumatization.

Coordinated special events for the office including (a) chair yoga, mindfulness, and art • therapy projects on "Wellness Day" designed to decrease vicarious traumatization and promote self-care in child welfare workers and (b) daily activities and weekly trainings for "ACS Domestic Violence Awareness Month."

Adult Outpatient Recovery Services 08/10 - 02/12Wheeler Clinic, Inc.

New Britain, CT

Adult Outpatient Clinician

Full time, concurrent with part time private practice Supervisors: Ray Muszynski, MA, LPC, LADC

Setting: Outpatient community mental health and substance use clinic in an underserved area of Connecticut.

Population Served: Provided psychological services to individuals diagnosed with a wide variety of psychiatric diagnoses. Based on identified skills and expertise, personality disordered or "treatment resistant" individuals were often seen by this clinician. Individuals were often uninsured, unemployed or underemployed, and referred by CT Department of Correction or CT Department of Children and Families.

Clinical Responsibilities:

- Conducted 10 comprehensive intake and evaluations per week, maintained an individual psychotherapy case load of 10-15 clients, and ran 3-5 clinical groups.
- Individual psychotherapy approached from integrative modality, incorporating psychodynamic, mentalization-based therapy, solution-focused, DBT skills, and EMDR.
- Ran psychotherapy groups focused on Domestic Violence Offender Intervention Program, Dialectical Behavioral Therapy, Anger Management, Relapse Prevention, Older Adults Substance Abuse Group, Men's DBT Skills, and Men's Process.

Additional Responsibilities:

- Provided primary weekly clinical supervision to Masters level interns training in both psychology and counseling, and organized and facilitated bi-weekly peer supervision group.
- Sought out additional case consultation and training regarding personality disorders, • dissociation, complex trauma, and EMDR.

09/09-07/10

Young Adult Services Torrington, CT **CT Department of Mental Health and Addiction Services**

Pre-Doctoral Practicum Student

Part time 25 hrs/wk

Supervisor: Joanne Comstock, Psv.D.

Setting: Specialized Assertive Community Treatment (ACT) team within a state run outpatient community mental health clinic.

Population Served: Individuals served by specialized ACT team, which was designed for individuals aged 18-26 transitioning out of foster care system patients. The majority of individuals seen by this clinician were diagnosed with personality disorders as principle diagnoses, with chronic, complex trauma symptoms.

Clinical Responsibilities:

- Served as primary psychotherapist within the Assertive Community Treatment (ACT) Team model, with additional roles in risk assessment, consultation, crisis intervention, treatment planning, and coordination of care.
- Selected, administered, and scored psychological assessments, including measures designed to evaluate risk, intelligence, personality (projective and self report), and neuropsychological assessment to inform behavior plans, risk assessment, and treatment recommendations.
- Wrote integrated reports including information from testing, clinical interviews, comprehensive record review, family/provider interviews, and collateral contacts.
- Conducted clinical interventions that were generally trauma and personality focused, including brief psychodynamic therapy, mentalization-based treatment, and DBT.
- Provided evidence-based outpatient group psychotherapy (TARGET, DBT Skills, Seeking Safety) to individuals aged 18-75 diagnosed with severe and persistent mental illness.

Additional Responsibilities:

• Participated in weekly mentalization-based treatment seminars, clinical team meetings, presentation in case conference meetings, and weekly supervision.

09/08-06/09	Whiting Forensic Services	Middletown, CT
	Connecticut Valley Hospital	

Pre-Doctoral Practicum Student

Part time 20 hr/wk

Supervisor: Richard Loughead, Ph.D. and Joseph Chiechi, Ph.D.

Setting: Maximum security state psychiatric hospital.

Population Served: Ethnically diverse individuals under criminal commitment. Special populations treated included forensic populations, as well as individuals with severe and persistent mental illness, personality disorders, untreated psychotic disorders, substance abuse history, and intellectual disabilities.

Clinical Responsibilities:

- Provided individual psychotherapy, as well as facilitating a mindfulness/stress management group and co-facilitating both psycho-educational and psychotherapy groups from multiple perspectives.
- Completed comprehensive psychological assessments, including measures designed to evaluate risk, malingering, intelligence, personality (projective and self report), and neuropsychological assessment.

Additional Responsibilities:

• Participated in monthly psychodynamic seminar, bi-monthly neuropsychological assessment lab, and weekly supervision.

06/03-04/09

CT Institute for the Blind/Oak Hill

Hartford, CT

Group Home Manager/Residential Program Worker Full time

Setting/Population Served: Residential program for adults with intellectual, developmental, and physical disabilities.

Responsibilities:

- Supervised and managed a residential program, with six residents with high risk behavioral, psychiatric, and medical conditions.
- Provide direct service to clients (e.g., activities of daily living, medical care, administering medication)
- Developed and trained staff in behavioral support plans to decrease use of restraint and more adaptively address complex clinical needs, including violent and self-harming behaviors.
- Coordinated interdisciplinary team and facilitated quarterly reviews with families, client, and additional providers

06/00-07/03Ann's Nursery/Shrope FoundationNorfolk, CT

Direct Care Aid Full time

Setting/Population Served: Residential program for adults with intellectual, developmental, and physical disabilities.

Responsibilities:

- Cared for medically fragile individuals with severe to profound mental retardation in a skilled nursing facility
- Assisted individuals with all activities of daily living and worked closely with a team to manage care

INVITED PRESENTATIONS

Prelli, F. (2008-current). *Unlearning Racism: Film Viewing and Debriefing*. As a certified trainer, presented films "The Color of Fear," "Last Chance for Eden," and "If These Halls Could Talk" to clinical and case management staff at various locations. Following completion of film, facilitated two to three hour process groups related to topics of diversity, race/racism, and insight. Multiple locations in CT, NJ, KS, and NY.

Prelli, F. & Clark, J (October 2020). *Racism in Women's Health: A Call to Antiracist Action*. Invited presentation to Women's Health Update at VA Connecticut: Cancelled due to Executive Order limiting discussion of race in federal setting.

Prelli, F. (September 2020). *Antiracism and Intersectionality in Clinical Work*. Invited presentation to trainees at VA Connecticut and Yale.

Prelli, F. & Gardella, J. (August 2020). *Antiracism in the Clinical Relationship: An Accountability Model to Support Engagement*. Invited colloquium presented to psychology and social work departments at VA Connecticut.

Doran, J., Prelli, F. & Lawson, J. (July 2020). *An Introduction to Telemental Health: The COVID-19 Pandemic and Beyond*. Invited training workshop provided to the Connecticut Mental Health Center at Yale University Department of Psychiatry and State of Connecticut Department of Mental Health & Addiction Services.

Prelli, F., Lawson, J. & Doran, J. (July 2020). *Telemental Health: More than Pandemic Psychotherapy (A How-to Guide)*. Invited training workshop provided as part of the Core Seminar at the Yale University School of Medicine Doctoral Internship Program.

Lawson, J., Doran, J. & Prelli, F. (July 2020). *An Introduction to Telemental Health: A How-to Guide for Clinical Practice and Research during the COVID-19 Pandemic and Beyond* (CE Event). Invited training workshop provided to Children's National Hospital, Department of Child and Adolescent Psychiatry and Children's National Primary Care, Washington, D.C.

Doran, J., Lawson, J. & Prelli, F. (August 2020). *Telemental Health Training for Mental Health Providers* (CE Event). Invited training workshop provided to the Mental Health Service Line at the VA Connecticut Healthcare System.

Lawson, J. & Doran, J. (August 2020). *Telemental Health is Here to Stay: Important Clinical Considerations and Challenges*. Invited presentation at the Psychiatry Education Meeting of the VA Connecticut Healthcare System.

Prelli, F., Lawson, J. & Doran, J. (August 2020). *Telemental Health Training for Psychiatry Residents and Fellows*. Providers. Invited training workshop provided to the VA Connecticut Healthcare System and Yale School of Medicine Department of Psychiatry Residency Training Program.

Prelli, F. (2015). *Intimate Partner Violence and Child Welfare: A Brief History and Clinical Implications*. Presented two hour training to clinical providers at Audrey Hepburn Children's House. Included clinical examples, facilitated discussion, and experiential exercises to facilitate growth and engagement. Hackensack, NJ

Prelli, F. (2014). *The Myth of the "Typical Offender:" Intimate Partner Violence in Clinical Work*. Presented training to clinical team at Larned State Hospital. Included clinical examples, facilitated discussion, and experiential exercises to facilitate growth and engagement. Larned, KS.

Prelli, F. (2013-2015). *Drugs and Alcohol 101: A general overview Q&A*. Presented multiple times at the request of Sledge Mentoring Group for both Mentors and Adolescents. Harlem, NY.

Prelli F. (2013-2015). *Gendered Violence 101: A General Overview and Discussion*. Presented multiple times at the request of Sledge Mentoring Group for both Mentors and Adolescents. Harlem, NY.

Prelli, F. (2012-2013). *Batterer Intervention Programs: A Review of Effectiveness and the Potential Impact on Partners.* Presented recurring trainings to child welfare staff regarding current research, nuanced clinical implications, and impact of child welfare on risk. Utilized lecture, case examples, and discussions to facilitate learning. NY, NY and Bronx, NY.

Prelli, F. (2013). *Eye Movement Desensitization and Reprocessing: Clinical Overview and Current Research.* Presented training to licensed clinical child welfare staff regarding use of

EMDR as an empirically supported treatment of trauma. Utilized lecture, case examples, and demonstrations to facilitate learning. Bronx, NY.

Prelli, F. (2011, 2012). *Eye Movement Desensitization and Reprocessing: Clinical Overview and Current Research.* Presented training to licensed clinical staff and interns regarding use of EMDR as an empirically supported treatment of trauma. Utilized lecture, case examples, and demonstrations to facilitate learning. Plainville, CT; New Britain, CT.

RELEVANT TRAININGS ATTENDED

- **2018.** *TeleMental Health: The New Standard-Ethical, Legal, Clinical, Technological, and Practice Considerations.* Intensive continuing education to incorporate telehealth services into practice and supervision
- **2015.** A Master Course in Clinical and Forensic Applications of the PCL-R and PCL:SV. Attended 30 hour intensive online training with Dr. Stephen Hart to assess psychopathic personality disorder, including practice administration and interpretation of case studies. Additionally, training focused on effective communication of findings and recommendations both orally and in written reports. Resulted in Certificate of Competence in use of PCL-R and PCL:SV.
- **2014.** *Finding Words.* Attended 5 day training in empirically supported, child-friendly interviewing protocol for professionals involved in investigating and prosecuting child maltreatment.
- **2013.** *Kripalu Yoga Teacher Training.* Attended 28 day intensive yoga teacher training, leading to certification as a 200 hour Kripalu Yoga Teacher. Training facilitated by renowned yoga teachers Devarshi Stephen Hartman and Jashoda Edmunds.
- **2011.** *Internal Family Systems (IFS) Retreat.* Attended 5 day experiential retreat with Richard Schwartz, Ph.D., developer of IFS, for psychotherapists and patients, focusing on exploring the theoretical orientation and approach of IFS as a psychotherapeutic approach.
- **2011.** *EMDR*, *parts 1, 2.* Served as a logistics volunteer for EMDR Humanitarian Assistance Project (HAP). Attended part 1 EMDR training with EMDRIA approved trainer, Lynda Ruf, LMFT and part 2 EMDR training with EMDRIA approved trainer, Michael Keller, LSCSW.
- **2010.** *EMDR, parts 1, 2, and consultation.* Attended part 1 and 2 EMDR training in Manhattan with EMDRIA approved trainer, William Zangwill, Ph.D. Engaged in supervision and consultation with Judy Cabaceiras, LMFT, EMDRIA approved consultant.

- **2010.** *Mentalization Based Treatment.* Attended weekend seminar on Mentalization Based Treatment at Austen Riggs Center, Erik Erikson Institute with Peter Fonagy and Anthony Bateman.
- **2009.** *Cross Cultural Facilitation Techniques.* Attended a 5 day experiential, process group seminar at the Quan Yin Training Center of StirFry Seminars with Lee Mun Wah. Primary focus was on the development of skills for facilitating and experiencing open and honest cross cultural dialogue.

CLINICAL RESEARCH

2019-current

Antiracism in the Clinical Relationship

Prelli, F. & Gardella, J. (In Submission). Assessing and Addressing Racist Ideas in Psychotherapy: A Harm Reduction Approach for White Dyads

- Created conceptual frame for antiracist action within clinical work
- Outlines rationale for white clinicians to conceptualize white patients' racism as a harm to themselves and BIPOC, and presents a conceptual model for assessing patients' degree of racial identity development and addressing racist ideas that emerge in psychotherapy
- Reviewed key terms and constructs, address ethical concerns, and discuss the limited theoretical and empirical inquiry on this topic.
- Coordinate and facilitate 12 week accountability group to support clinicians in development of skills related to antiracism in the white therapeutic dyad.
 - Preliminary data analysis pending.

2014-2015

AHCH Postdoctoral Research

Child Sexual Abuse Recantation and Caregiver Support: What's the relationship?

- Identified and explored research questions regarding the impact of caregiver support as identified in a forensic evaluation and its impact on a child victim of sexual abuse's type of disclosure, including recantation.
- Developed the research hypotheses, determined the research design, and collected and analyzed data.
- Resulted in presentation to staff; manuscript and poster.

2013

Doctoral Dissertation, Formal Defense 11/26/2013

Dissertation Chair: Kathy McCloskey, Ph.D., Psy.D., A.B.P.P. Dissertation Committee: Dominic Marino, Ph.D., Marji Vitale, Psy.D. Dissertation Title: An Eye Movement Desensitization and Reprocessing (EMDR) Group Treatment Manual For Use in Women's Shelters.

• Developed a group treatment model adapting EMDR for use with women who have been recent victims of intimate partner violence.