Brief Biography

Alan E. Kazdin, Ph.D. is Research Professor and Sterling Professor of Psychology, and Professor of Child Psychiatry (Emeritus). He received his Ph.D. in Clinical Psychology from Northwestern University. Before coming to Yale, he was on the faculty of The Pennsylvania State University and the University of Pittsburgh School of Medicine. At Yale, he has been Chairman of the Psychology Department, Director of the Yale Child Study Center at the School of Medicine, Director of Child Psychiatric Services at Yale-New Haven Hospital, and Director of the Yale Parenting Center.

Kazdin’s research has focused primarily on the treatment of aggressive and antisocial behavior in children (inpatient and outpatient). This research has included controlled clinical trials to develop and evaluate two interventions (parent management training, cognitive problem-solving skills training). In addition, he has studied child, parent, family, and treatment factors that are linked with severity of clinical dysfunction and contribute to responsiveness to treatment.

His most recent work has shifted to ways in which treatments can be provided for persons in need of services. Traditional ways of providing therapy such as individual treatment sessions with a mental health professional do not reach the large majority of person in need of mental health services. Other models of delivery (e.g., task shifting, best-buy interventions, disruptive innovations, Entertainment education), well outside of clinical psychology, are available, have evidence in their behalf, but are not in extensive use. Scaling treatments and evaluating psychiatric disorders and clinical dysfunction as part of world mental health are the foci of his current work.

Kazdin’s work has been supported by the National Institute of Mental Health (Research Development, Research Career, MERIT, and various R Awards) as well as by the William T. Grant Foundation, The Robert Wood Johnson Foundation, John D. and Catherine T. MacArthur Foundation, Rivendell Foundation of America, the Humane Society of America, the Laura J. Niles Foundation, the Morris Animal Foundation Leon Lowenstein Foundation, the Jack Parker Foundation, Blue Guitar Foundation, and Yale University. His approximately 850 publications include 50 books that focus on methodology and research design, interventions for children and adolescents, cognitive-behavioral treatment, parenting and child rearing, interpersonal violence, and novel ways of delivering treatment. His work on parenting and childrearing has been featured on NPR, PBS, BBC, and CNN and he has appeared on the Today Show, Good Morning America, ABC News, 20/20, and Dr. Phil.

He has developed materials to help parents with the everyday challenges of child rearing including:

- A free-online Coursera/Yale course, with options for Spanish and Chinese subtitles [https://www.coursera.org/learn/everyday-parenting].
- A web page with blogs on topics and issues for which parents have sought help [www.alankazdin.com]
- Articles on key topics (e.g., bullying, managing the challenges of adolescence) [https://slate.com/author/alan-kazdin]
- YouTube interviews [https://www.youtube.com/results?search_query=Kazdin]
- In the news [https://www.google.com/search?q=Alan+Kazdin+podcast&source=lmns&tbm=nws&bih=722&]
Kazdin has received a number of professional awards including the Outstanding Research Contribution by an Individual Award and Lifetime Achievement Award (Association of Behavioral and Cognitive Therapies), Outstanding Lifetime Contributions to Psychology Award and Distinguished Scientific Award for the Applications of Psychology (American Psychological Association), the James McKeen Cattell Award (Association for Psychological Science), and the Gold Medal Award for Life Achievement in the Science of Psychology (American Psychological Foundation). In 2008, he was president of the American Psychological Association.

**Publications**

**Books**


*Translated into French, 1990
Translated into Polish, 2000*


*Translated into Spanish, 1987
Translated into Japanese, 1988*


*Translated into Spanish, 1988*


*Student ed., 1985
1st ed., 1982*


______________ Translated into Portuguese, 2001, McGraw Hill de Portugal)


______________ 1st ed., 1987


______________ Translated into Polish, 2006
______________ Translated into Italian, 2009


______________ Translated into Korean, in press
______________ Translated into Arabic, in press (Syria, Illaftrain Publisher)

______________ Paperback, 2009


______________ Translated into Italian, 2009 (Sovera Multimedia Publisher)


-- British version, 2008
-- Translated into Korean, 2008
-- Translated into Italian, 2008
-- Translated into Chinese, 2009 (Traditional Chinese used in Taiwan & Hong Kong and Simplified Chinese used in Mainland China)
-- Translated into Portuguese (Brazil), 2010
-- Translated into Turkish, 2013
-- Translated into Polish, 2014
-- Translated into English (UK), 2015
-- Translated into Russian, 2015
-- Translated into Spanish, 2019
-- Translated into Romanian, in press
-- Paperback, 2009
-- Audiobook, Narrated by L.J. Ganser, Audible, Inc., 2010


-- 1st ed., 1975, Dorsey Press
-- 2nd ed., 1980
-- 3rd ed., 1984
-- 4th ed., 1989
-- 5th ed., 1994
-- Translated into Spanish, 1978; 2nd ed.
-- Translated into Spanish, 2005; 5th ed.
-- Translated into Chinese, 1997; 5th ed.


-- Translated into Russian, 2015
-- Translated into Polish, 2019
-- Translated into Korean, in press
-- Translated into Turkish, in press


-- 1st ed., 1992
-- 2nd ed., 1998
-- 3rd ed., 2003


-- Translated into Korean, 2018

_______________ 2nd ed., 1992, Allyn & Bacon
_______________ 4th ed., 2003, Allyn & Bacon
_______________ 5th ed., 2017, Pearson
_______________ Translated into Italian, 1998
_______________ Translated into Spanish, 2001
_______________ International ed., 2009


_______________ 3rd ed. Translated into Korean, 2019
_______________ 3rd ed. Translated into Polish, 2020
_______________ 2nd ed. Translated into Arabic, in press


_______________ 1st ed., Translated into French, 1990


_______________ 1st ed., 1982
_______________ 2nd ed., 2011
_______________ 2nd ed., Translated into Korean, 2016

Monographs and Pamphlets


_______________ Translated into Portuguese, 1977


Articles and Chapters


(Abstracted and reviewed in *Intelligence Reports in Psychiatric Disorders: A Critical Survey of Current Developments in Psychiatry, 1983*, 2(3).)


(Reprinted in *Nowiny Psychologiczne* [Polish], 1996, 3, 85-115.)


(Abstracted and reviewed in *Youth Update, 1990*, 8(2), 6.)


(Abstracted and reviewed in the *Clinician’s Research Digest, 1990*, 8(5), 7.)

(Reprinted in Association for Child Psychology and Psychiatry Monograph, *Selection of research papers on depressive disorders in childhood*, 1998.)


(Reprinted in Psihologija u Svetu [Yugoslavia], 1997, 2, 69-86.)


(Abstracted and reviewed in Youth Update, 1992, 10(3))


(Asked and reviewed in the *Clinician's Research Digest, 1993, 11*(11), 4.)


(Absent abstracted and reviewed in the Clinician's Research Digest, 1996, 14(11), 4.)


(Abstracted and reviewed in *Youth Update*, 1997, 15(2), 2-3)


(Abstracted and reviewed in the *Clinician's Research Digest, 1997, 15(11), 2.)*


(Abstracted and reviewed in Behavioral Health Outcomes, 1998, 3(9).)


(Abstracted and reviewed in the Clinician's Research Digest, 1999, 17(5), 2.)


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(Reviewed by several magazines and news sources, e.g., Times Magazine On-Line, New Therapist Magazine, Science Newsline Medicine, Women’s Health, Natural Health Care [Canada], Psykologia [Finland], Weekly Science and Technology Report, Health, Medicine Articles and More, e! Science News, Science Daily)


The SCRIBE Statement paper is co-published in 10 journals. In addition to the lead journal Archives of Scientific Psychology, the other journals include: American Journal of Occupational Therapy, Aphasiology, Canadian Journal of Occupational Therapy, Evidence-based Communication Assessment and Intervention, Journal of Clinical Epidemiology, Journal of School Psychology, Neuropsychological Rehabilitation, Physical Therapy, and Remedial and Special Education. The year, volume, issue, and page numbers for the articles are not provided here with the exception of the lead journal listed first. The SCRIBE Explanation and elaboration paper is published in the primary source and selectively by some of the 10 journals.


**Book Reviews and Brief Notes**


(Reprinted in The Behavior Therapist. 1979, 2(1).)


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- January, Priorities for the Year Ahead
- February, Ensuring that our Findings have Impact
- March, Unity: Psychology’s Immunity Booster
- April, Overcoming Obstacles to Care
- May, Research Trials and Tribulations
- June, Education for us and the World
- July/August, We Bring Good Psychology to Lives
- September, Communicating Psychology: Instant and Enduring Messages
- October, Trauma in Children: How Can we Communicate what we Know?
- November, Climate change: Psychology Can Help
- December, Farewell and Fare Well


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• (2016). Dissecting Antisocial Behavior


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Blogs for Parents and Professionals at [www.alankazdin.com](http://www.alankazdin.com)

• Kazdin, A.E. (2020, April). Managing parenting challenges of social distancing, confinement, and isolation
• Kazdin, A.E. (2020, July). Removing the pressure sometimes can get the behavior you want and quickly.


(Note: For a complete Vita, please write directly to alan.kazdin@yale.edu)