Brief Biography

Alan E. Kazdin. Ph.D. is Research Professor and Sterling Professor of Psychology, and Professor of Child Psychiatry (Emeritus). He received his Ph.D. in Clinical Psychology from Northwestern University. Before coming to Yale, he was on the faculty of The Pennsylvania State University and the University of Pittsburgh School of Medicine. At Yale, he has been Chairman of the Psychology Department, Director of the Yale Child Study Center at the School of Medicine, Director of Child Psychiatric Services at Yale-New Haven Hospital, and Director of the Yale Parenting Center.

Kazdin’s research has focused primarily on the treatment of aggressive and antisocial behavior in children (inpatient and outpatient). This research has included controlled clinical trials to develop and evaluate two interventions (parent management training, cognitive problem-solving skills training). In addition, he has studied child, parent, family, and treatment factors that are linked with severity of clinical dysfunction and contribute to responsiveness to treatment.

His most recent work has shifted to ways in which treatments can be provided for persons in need of services. Traditional ways of providing therapy such as individual treatment sessions with a mental health professional do not reach the large majority of person in need of mental health services. Other models of delivery (e.g., task shifting, best-buy interventions, disruptive innovations, Entertainment education), well outside of clinical psychology, are available, have evidence in their behalf, but are not in extensive use. These are the focus of his current work.

Kazdin’s work has been supported by the National Institute of Mental Health (Research Development, Research Career, MERIT, and various R Awards) as well as by the William T. Grant Foundation, The Robert Wood Johnson Foundation, John D. and Catherine T. MacArthur Foundation, Rivendell Foundation of America, the Humane Society of America, the Laura J. Niles Foundation, the Morris Animal Foundation Leon Lowenstein Foundation, the Jack Parker Foundation, Blue Guitar Foundation, and Yale University. His approximately 800 publications include 50 books that focus on methodology and research design, interventions for children and adolescents, cognitive-behavioral treatment, parenting and child rearing, interpersonal violence, and novel ways of delivering treatment. His work on parenting and childrearing has been featured on NPR, PBS, BBC, and CNN and he has appeared on the Today Show, Good Morning America, ABC News, 20/20, and Dr. Phil.

He has developed materials to help parents with the everyday challenges of child rearing including:

- A free-online Coursera/Yale course, with options for Spanish and Chinese subtitles https://www.coursera.org/learn/everyday-parenting.
- A web page with blogs on topics and issues for which parents have sought help www.alankazdin.com.
- Articles on key topics (e.g., bullying, managing the challenges of adolescence) https://slate.com/author/alan-kazdin
- YouTube interviews https://www.youtube.com/results?search_query=Kazdin

Kazdin has received a number of professional awards including the Outstanding Research Contribution by an Individual Award and Lifetime Achievement Award (Association of Behavioral and Cognitive Therapies), Outstanding Lifetime Contributions to Psychology Award and Distinguished Scientific
Award for the Applications of Psychology (American Psychological Association), the James McKeen Cattell Award (Association for Psychological Science), and the Gold Medal Award for Life Achievement in the Science of Psychology (American Psychological Foundation). In 2008, he was president of the American Psychological Association.

**Publications**

**Books**


  - Translated into Spanish, 1987
  - Translated into Japanese, 1988


  Translated into Spanish, 1988


  (Student edition, 1985)
  (1st edition, 1982)


  (1st edition, 1983)


Translated into Portuguese, 2001

1st edition, 1987

Translated into French, 1990


Translated into Polish, 2006
Translated into Italian, 2009


Translated into Korean, in press
Translated into Arabic, in press
Paperback, 2009


Translated into Italian, 2009 (Sovera Multimedia Publisher)


British version, 2008
Translated into Korean, 2008
Translated into Italian, 2008
Translated into Chinese, 2009
Translated into Portuguese, 2010
Translated into Turkish, 2013
Translated into Russian, 2019
Translated into Romanian, in press
Audiobook, Narrated by L.J. Ganser, Audible, Inc., 2010
2009 Mom’s Choice Award® for the book
2010 Self-Help Book of Merit Award, Association for Behavioral and Cognitive Therapies


International edition, 2009

1st edition, 1982
2nd edition, 2011
Translated into Korean, 2016

Monographs and Pamphlets


Translated into Portuguese, 1977


Articles and Chapters


(Reprinted in *Nowiny Psychologiczne* [Polish], 1996, 3, 85-115.)


(Abstracted and reviewed in *Youth Update, 1990, 8*(2), 6.)

(Abstracted and reviewed in the *Clinician's Research Digest, 1990, 8*(5), 7.) (Reprinted in Association for Child Psychology and Psychiatry Monograph, *Selection of research papers on depressive disorders in childhood, 1998.*)


(Reprinted in *Psihologija u Svetu* [Yugoslavia], 1997, 2, 69-86.)


(Abstracted and reviewed in *Youth Update, 1992*, 10(3))


(Abstracted and reviewed in the Clinician’s Research Digest, 1993, 11(5), 6.)
(Reprinted in *Nowiny Psychologiczne* [Polish], 1996, 2, 39-74.)


(Abbstracted and reviewed in the Clinician's Research Digest, 1993, 11(11), 4.)


(Abstracted and reviewed in the *Clinician's Research Digest, 1996, 14(11), 4.* )


(Abstracted and reviewed in *Youth Update, 1997, 15(2), 2-3* )


(Abstracted and reviewed in the *Clinician's Research Digest, 1997, 15*(11), 2.)


(Abstracted and reviewed in *Behavioral Health Outcomes, 1998, 3*(9).)


(Abstracted and reviewed in the *Clinician's Research Digest, 1999, 17(5)*, 2.)


(Abstracted and reviewed in *Youth Update, 1999, 17(2)*, 3.)


(The SCRIBE Statement paper is co-published in 10 journals. In addition to the lead journal *Archives of Scientific Psychology*, the other journals include: *American Journal of Occupational Therapy, Aphasiology, Canadian Journal of Occupational Therapy, Evidence-based Communication Assessment and Intervention, Journal of Clinical Epidemiology, Journal of School Psychology, Neuropsychological Rehabilitation, Physical Therapy, and Remedial and Special Education*. The year, volume, issue, and page numbers for the articles are not provided here with the exception of the lead journal listed first. The SCRIBE Explanation and elaboration paper is published in the primary source and selectively by some of the 10 journals.


**Book Reviews and Brief Notes**


(Reprinted in *The Behavior Therapist*. 1979, 2(1).)


(Reprinted in *Western Journal of Medicine, 1999, 171,* November/December, p. 318.)


- January, Priorities for the Year Ahead
- February, Ensuring that our Findings have Impact
- March, Unity: Psychology’s Immunity Booster
- April, Overcoming Obstacles to Care
- May, Research Trials and Tribulations
- June, Education for us and the World
- July/August, We Bring Good Psychology to Lives
- September, Communicating Psychology: Instant and Enduring Messages
- October, Trauma in Children: How Can we Communicate what we Know?
- November, Climate change: Psychology Can Help
- December, Farewell and Fare Well


Kazdin, A.E. (2012). A comprehensive guide to the rich and rigorous research methods of psychological science. A review of APA handbook of research methods in psychology (Volumes 1-3) by Harris Cooper (Editor-in-Chief), PsycCRITIQUES, 57(Issue 21), on line at http://psychnet.apa.org/critiques/57/21/1.html


Kazdin, A.E. Editor’s Introductions to Special Series in *Clinical Psychological Science*

• (2016). Dissecting Antisocial Behavior


Review selected for featured discussion blog and special feature spotlight: http://psyccritiquesblog.apa.org/2015/09/should-psychologists-enter-the-fray-to-end-corporal-punishment-in-schools.html http://paracom.paramountcommunication.com/hostedemail/email.htm?h=066e9ae058e0700a77d42a1d0091d2bc&CID=mcid


Blogs for Parents and Professionals at www.alankazdin.com

- Kazdin, A.E. (2020, July). Removing the pressure sometimes can get the behavior you want and quickly.


(Note: For a complete Vita, please write directly to alan.kazdin@yale.edu)