

**Graduate Program in Clinical Psychology
Yale University**

Practicum Opportunities 2017-2018

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Yale Psychology Department Clinic (YPDC)

The Yale Psychology Department Clinic provides mental health services to individuals from the Yale University and greater New Haven communities. Traditionally YPDC has specialized in individual and group treatment for adolescents and adults who have primary anxiety and mood diagnoses. However, we are in the process of expanding our services to include treatment for couples and families as well as Yale graduate students and post-docs who are seeking to participate in psychological skill building groups (cognitive behavioral therapy, dialectical behavioral therapy, acceptance and commitment therapy, etc.). Additional populations of interest to our clinical faculty and students will be identified and recruited.

Training in evidence based assessment and treatment is emphasized. Learning of empirically substantiated skills (e.g., exposure and response prevention, behavioral activation, problem solving, cognitive reframing, motivational interviewing, mindfulness, distress tolerance, interpersonal skills training, etc.), attention to the therapeutic process (e.g., empathic listening, verbal and nonverbal expressiveness), and the development of case conceptualization, and treatment planning (e.g., establishing a clear goal focus with clients and a plan for ongoing assessment of therapy) are emphasized. Graduate students will utilize video recording to aid in supervision.

First and second year students will conduct intake assessments with the Structured Clinical Interview for DSM-5, unstructured interviews, and client self-report questionnaires (approximately 1-2 intakes per month). They will present findings gathered during intake assessments at weekly case conferences and in professional reports. Additionally, they will function as co-therapists in a variety of group treatments: CBT, emotion regulation and distress tolerance, mindfulness, and interpersonal skills training. Second year students will maintain a caseload of approximately 3 individual clients (or couples or families), and 3rd year students will maintain a caseload of approximately 5 clients.

Student Director: Advanced students may elect to apply for a student director position (this is a separate process than selecting a practicum). Student directors are an integral part of the clinic's leadership. Responsibilities entail peer supervision, attending weekly case review meetings, serving as teaching fellow for introductory clinical courses (Introduction to Psychotherapy, Introduction to Diagnostic Assessment and Psychopathology, and Ethics and Professional Practice), coordinating community outreach efforts and clinic recruitment, and carrying a caseload of patients. A call for applications will be made at the end of January.

Faculty aim to provide students with as much variety as possible in their caseload and offer as many different experiences as we can during the year.

Students are expected to attend group supervision meetings (1.5 hours per week) as well as individual supervision with a licensed clinical psychologist (1 hour per week). Additional supervision can be obtained if requested. The practicum begins September 01, 2015 and continues through June 1st, 2016.

Typical time spent on clinical work breaks down as follows per week:
Individual patients 3-5 hours

Preparation time	1-2 hours	
Group	2 hours	(1 hour of group; 1 hour of preparation/supervision)
Supervision	2.5 hours	
Paperwork	1.5 hours	
Total	10 - 12 hours	

Yale Child Study Center Program for Anxiety Disorders

Yale Child Study Center

The Yale Child Study Center Program for Anxiety Disorders, under the direction of Dr. Wendy Silverman (wendy.silverman@yale.edu), is a research clinic that specializes in the evaluation, treatment, and follow-up of children from preschool age through adolescence with anxiety disorders. The Program for Anxiety Disorders also specializes in other common childhood difficulties that often times are associated with anxiety disorders including selective mutism, school avoidance, and test anxiety.

Graduate students who obtain practicum experience at the Program for Anxiety Disorders will learn, implement, and be supervised on state-of-the art evidence based assessments for the purposes of diagnosis, prognosis, and treatment recommendations. A number of the assessments and treatment procedures were developed and evaluated by members of the Yale Anxiety Team from federally funded research. These procedures are used at Yale and many other research clinics throughout the world.

Graduate students also have ample opportunity to participate in ongoing research projects. They also may develop and launch their own research projects. The Yale Anxiety Team can assist students in design and implementation of these projects.

Below lists the main experiences available for practicum students:

Comprehensive Intake Evaluation: Students can conduct comprehensive evaluation, which includes a detailed diagnostic interview administered separately to the child and primary caretaker. Students also administer to children and primary caretakers' questionnaires and several behavior—performance based tasks.

Consultations: Students can provide consultations to other health care providers and school personnel. The consultations could entail classroom visits, home visits, and other observational sites.

Treatment Services: Students can provide treatment to children who have been found to have anxiety difficulties. These treatments include cognitive behavior therapy, web based interventions, play approaches, and computer based tasks. Students also have an opportunity to work with child psychiatrists in delivery of combined medication and cognitive behavior therapy. Depending on the specific needs of each family, treatment is provided in an individual or group format, or with parents and families.

For additional information please contact:

Dr. Carla Marin: (203) 737-8056 or Carla.Marin@yale.edu

Michele Goyette-Ewing, Ph.D.
Associate Research Scientist in the Child Study Center
Director, Psychology Training
Director, Yale Outpatient Psychiatric Clinic for Children
40 Temple Street, 7th floor

Practicum: @12 hours/week

Dr. Goyette-Ewing is the director of the Yale Outpatient Psychiatric Clinic for Children. The clinic sees 900 children each year, the majority of whom are from underserved and low income backgrounds. Child clients range in age from 1-18, and present with the full range of symptoms and diagnoses.

There are 10 full time treatment providers working at the clinic, and interns in clinical psychology can opt to serve a rotation at the clinic as part of their internship training. The treatment providers are multidisciplinary, including psychiatric fellows, clinical nurse fellows, social workers, and psychologists.

There are two teams within the clinic. The young child team specializes in treating children 4.5 years and below. That team tends to work from an attachment framework and to provide play therapy, circle of security, and parent-child interaction therapy. The older child team treats children 5 and older, and offers a broad range of treatment including trauma focused CBT, and Parent Management Training. They are currently applying for a grant to provide Modular Approach to Therapy for Children (MATCH – ADTC), a bold redesign of evidence-based treatment for childhood anxiety, depression, trauma, and conduct problems developed by Drs. Bruce Chorpita and John Weisz.

http://www.practicewise.com/portals/0/MATCH_public/index.html

This practicum placement would require participation in one grand round meeting series (held on Monday 10:30 – 12 or Monday 12-1:30), and the staff meeting (held on Wednesdays noon- 1PM). As part of the grand rounds, clinicians are required to present updates regarding their clinical work very briefly (3-5 minutes). As part of the staff meeting there are longer case presentations, training in cultural competence, and invited speakers. There is also an evidence based treatment seminar that is offered on Fridays from 11-12.

Trainees would be assigned up to 8 children

Yale Child Study Center – Developmental Disabilities Clinic

Dr. James McPartland: Trained at the University of Washington as a child clinical psychologist, with a clinical and research focus on autism. He did his pre-and post-doctoral fellowships at the Yale Child Study Center on an autism-specific training track. He has served as an Assistant professor, advancing to Associate professor. He is also the Director of the Developmental Disabilities Clinic at the Yale Child Study Center. Dr. McPartland's program of research investigates the clinical neuroscience of neurodevelopmental disabilities using EEG and eye-tracking.

http://childstudycenter.yale.edu/faculty_people/james_mcpartland.profile

Clinical Training and Research Opportunities

A. Research Assessment

Characterization of autism in the context of research:

Intensive training on the Autism Diagnostic Observation Schedule-Second Edition (ADOS-2) and Autism Diagnostic Interview-Revised (ADI-R). This could be done over a few days in the summer when students may have more free time. Establishment of reliability would be achieved through ongoing assessments or coding of video assessments. Research assessments also include a cognitive IQ measure (e.g., Wechsler Abbreviated Scales of Intelligence, Differential Ability Scales – Second Edition), which is completed by the psychologist or trainee. A parent interview regarding adaptive behavior (Vineland Adaptive Behavior Scales – Second Edition) is also administered and students could be trained on administration of this parent interview. Students would have the opportunity to receive training on writing an integrated report that would be supervised and signed off on by a licensed psychologist.

Training sequence:

- observing assessments
- conducting assessments with typical controls
- conducting the cognitive assessment with patients with developmental disabilities
- administering all of the standard measures with patients with developmental disabilities

Assessments of typical controls can be scheduled on Saturdays

B. Research Opportunities

Students can play a role in McPartland Lab research, potentially building their own research into his program of research on the neuroscience of autism. Although the lab's focus is neuroscience, it is reasonable to integrate other approaches (e.g., behavioral measures, surveys) into ongoing projects.

C. Yale Developmental Disabilities Clinical Assessments

The clinic sees two cases per week. These are often unusual or complex cases, and they are seen by a multi-disciplinary team, including speech and language, psychology, and psychiatry.

Monday-Tuesday – one case is evaluated

Wednesday-Thursday – a second case is evaluated

Tuesdays at 9 AM Drs. Volkmar and McPartland lead clinical rounds with the multidisciplinary team to discuss the case, review the assessment results from Monday and plan for the 2nd part of the evaluation on Tuesday. Graduate students are welcome to observe these assessments and to

participate in discussion at rounds. If you plan to attend, contact Dr. McPartland so that he can put you on Danette Morrison's distribution list (in case there are any last minute changes to the Tuesday schedule from week to week). Also, you should complete HIPAA paperwork with Danette.

Miscellaneous opportunities to gain exposure to autism research and clinical work:

- Most Friday mornings at 9 in the Cohen auditorium at the Child Study Center, lectures on current topics in autism are delivered
- Dr. McPartland and Dr. Volkmar teach a seminar on autism and related disorders that meets Tuesdays from 3:30 to 5:00 and is offered in fall and spring semester.

YALE SCHOOL OF MEDICINE
Department of Psychiatry/ Psychology Section
Yale-New Haven Hospital (YNHH) Psychology Externships

The YNHH psychology externship program represents a part-time version of our doctoral internship program. For the 2014-2015 academic year, externship training may occur in one of two training tracks:

1. Adult Dialectical Behavior Therapy Program
2. Adult Behavioral Medicine Service

Clinical placements provide a range of evidenced-based clinical training opportunities within multidisciplinary hospital-based settings serving patients with either serious mental and/or medical illness. Externs receive training in multiple therapeutic modalities, including crisis intervention, individual therapy, group therapy, couples therapy, and in collaborative methods for pharmacologic intervention. Externs also have opportunities to receive training in psychological and neuropsychological assessment.

I. Adult Intensive Outpatient Program (IOP) Dialectical Behavior Therapy (DBT) Program:

The Adult IOP is geared for patients who do not require the level of supervision and support provided by an inpatient program, but who need more intensive intervention than is readily provided in most outpatient settings. Most patients are admitted for treatment of mood disorders, anxiety disorders, chronic suicidal ideation, co-occurring disorders (psychiatric and substance abuse disorders), personality disorders and family/interpersonal conflicts. Patients are admitted to one of four main treatment tracks: 1) General for patients with depression, anxiety, psychosis and other psychiatric problems; 2) Dual diagnosis for patients with co-occurring psychiatric and substance abuse disorders; 3) Dialectical Behavioral Therapy-General {DBT-G} for patients with borderline personality disorder features who struggle with chronic patterns of suicidal or other self-destructive behaviors; and 4) DBT for Substance Use Disorders (DBT-SUD} for patients who struggle with borderline personality disorder features and substance dependence.

Externs may participate in a multidisciplinary team by serving as primary clinicians in DBT-G or DBT-SUD tracks. The DBT and DBT-SUD tracks provide comprehensive DBT treatment as specified by Marsha Linehan, PhD, with modification for a group-based day hospital setting. The DBT tracks include skills training, diary card review, behavioral analysis, and skills coaching.

Externs attend an in-depth weekly DBT seminar over the summer in order to develop familiarity with the major principles, strategies, and methods of DBT that they will continue developing throughout the training year. As the primary clinician, externs meet individually with their assigned patients on a monthly and as-needed basis (e.g., for risk assessment and management, family meetings), coordinate treatment with patients' concurrent outpatient providers, and provide discharge planning. The externs and other DBT clinicians provide telephone skills-coaching and meet weekly for a DBT consultation group. Externs are trained to perform clinical admissions intakes, and as-needed psychological assessments. Externs may also have the opportunity to colead

non-DBT group therapy and/or apply brief individual DBT depending on the extern's interest and clinical availability.

For more information about this placement site, please see the description of the full-time internship placement at <http://medicine.yale.edu/psychiatrv/psychology/predoc/sites/ynhh/index.aspx> or email seth.axelrod@yale.edu.

2. Adult Behavioral Medicine Service:

The Behavioral Medicine Service is a psychological consultation and intervention program integrated within specialized outpatient medical services of Yale-New Haven Hospital (YNHH) and the Smilow Cancer Hospital. Externs work within multidisciplinary teams of medical providers (consisting of physicians, surgeons, nurses, and social workers) and gain valuable experience in the provision of behavioral health consultation, psychological assessment, and behavioral health intervention to a broad range of medically ill patients. Emphasis is placed on understanding the psychosocial factors influencing adjustment and adaptation to chronic medical conditions, and on developing skills for behavioral consultation and intervention in an academic medical setting.

The goal of the Behavioral Medicine Service is to provide support and assistance to medical care providers and their patients so that the patient's emotional and mental health needs can be addressed within the context of their overall medical care. The service operates under the premise that integrated behavioral medicine has the potential to benefit both patient and physician by improving access to behavioral health care for medically compromised individuals, improving adherence to medical treatments, targeting lifestyle and psychosocial issues effecting wellness, addressing issues of pain management, stress tolerance, addictions, coping, and by helping to prevent the development of more serious mental health disorders through early recognition and intervention.

Externs divide their time training between the Yale-New Haven Transplantation Center's Liver Transplant Program and the Smilow Cancer Hospital.

Within each of the medical specialties, Behavioral Medicine Externs consult with medical providers and patients and provide psychotherapy to medically ill patients using a combination of supportive, cognitive behavioral, and mindfulness-based therapeutic approaches. Interns also attend and participate in a number of weekly multidisciplinary meetings and case conferences such as the Liver Transplant Recipient Review Committee, Melanoma Tumor Board, and the Palliative Care Interdisciplinary Team Meeting. For more information about this placement site, please see the description of the full-time internship placement at: <http://medicine.yale.edu/psychiatrv/psychology/predoc/sites/ynhh/index.aspx> or e-mail dwain.fehon@yale.edu.

Psychological Assessment Training, Supervision & Seminars:

Psychology externs at YNHH have the opportunity to conduct neuropsychological and psychological diagnostic testing protocols within their primary placements.

Psychology externs at YNHH receive weekly individual supervision from a licensed full-time or voluntary faculty psychologist, as well as weekly individual supervision with doctoral psychology fellow. In addition to formal weekly supervision, a major form of supervision is provided "in vivo" via modeling, treatment team meetings, and consultation groups.

Psychology externs at YNHH also have access to additional didactic opportunities such as weekly psychology training seminars, departmental grand rounds, and hospital case conferences.

Primary Contacts:

Dr. Dwain Fehon, Chief Psychologist, Director Behavioral Medicine, dwain.fehon@yale.edu, 203-688-9779

Dr. Seth Axelrod, Program Manager, DBT Service, seth.axelrod@yale.edu, 203-688-5474

Substance Abuse Treatment Unit (SATU)
of the Connecticut Mental Health Center
1 Long Wharf
Matthew Steinfeld, PhD
Matthew.steinfeld@yale.edu

This practicum offers specialized training in the diagnosis and treatment of a range of substance use disorders, and how these disorders affect and interact with other mental illnesses and psychological problems.

Information about the experiences practicum students are offered can be found at:
<http://medicine.yale.edu/psychiatry/psychology/predoc/sites/cmhc/substanceabuse.aspx>.

Practicum students experience roughly the same training as psychology interns, albeit in abbreviated form due to fewer hours at the clinic. SATU is staffed as a consortium between Yale University School of Medicine's Department of Psychiatry and the State of CT.

Currently there are 4 full-time licensed clinical psychologists on the SATU team:

[Donna LaPaglia, Psy.D.](#), Primary Advisor

[Lisa Fucito, Ph.D.](#), Supervisor

[Matthew Steinfeld, Ph.D.](#), Supervisor

[Brian Kiluk, Ph.D.](#), Supervisor

The SATU clinic historically has had 2 psychology internship slots per year as part of [Yale's Predoctoral Internship Program in Clinical & Community Psychology](#). Former psychology practicum students have reported learning a lot from current interns and have regularly secured nationally competitive internships.

The practicum requires 12 hours/week (1.5 days). Ideally, practicum students would be at SATU on Wednesday mornings and Thursdays 9-5. Yale students could participate a bit longer on Wednesdays to accommodate their need to participate in the clinical lunch series on Thursdays.

There is an important required case conference at SATU on Thursdays at 4 PM. Most of the other trainees (interns, postdocs, etc.) are around on Wednesdays and Thursdays and Dr. Steinfeld would like students to have the opportunity to learn from each other.

Training activities include: Intakes, case presentations during team meetings, 3-4 individual patients per practicum student, supervision, and case conference with interns and postdocs. There are mindfulness based groups and acutox groups (that use acupuncture).

Practicum students see the full range of substance use disorders in the clinic, and patients often have co-morbid personality disorders, mood disorders, etc. Clients include those who are undocumented and low SES as well as white-collar professionals. He described the clinic population as consisting of "anyone who experiences life with drugs."

At SATU practicum students will administer a semi-structured comprehensive interview that takes approximately 60-90 minutes. Students will learn a great deal about conducting psycho-social life history interviews. The intakes include breathalyzers, urine tox screens, blood pressure

measurement, etc.

Dr. Steinfeld describes the program as having an interdisciplinary team of psychiatrists, social workers, nurses, family therapists, and psychologists. He describes the team as pluralistic and often engaged in lively debates and disagreements.



Behavioral Health Program for Depression Description *2014-2015*

Application Timeline

Applications due: Friday, January 31, 2014, EST

Interviews for position: Arrangements will be made with individual applicants.

The Behavioral Health Program position begins in March 2014 and goes through mid-February 2015. (If you are not available for the entire year your application will still be considered).

Qualifications/Specifics:

- Fluent Spanish-speaking ability. A Spanish evaluation will be conducted as part of the application process, for those who have not previously done an evaluation as a HAVEN volunteer.
- 6-8 BH program facilitators will be selected after reviewing applications and a brief interview process.
- Training begins in March 2014. Position is from March 2014 to mid-February 2015.

Position Description:

The Behavioral Health Program for Depression is an American Psychiatric Association funded initiative to provide mild to moderately depressed patients in Fair Haven with first-line treatment for depression, including psychoeducation, reduction of social stressors, and promotion of healthy behaviors. Under the supervision of a psychiatrist and psychologist, student facilitators offer one-on-one psychoeducation to patients enrolled in the program. The psychoeducation curriculum for this program is based on a curriculum developed at the University of California Berkeley to provide Spanish-speaking immigrants with education about mental health. The structure of the program is 6 one-on-one sessions that are individualized and tailored to meet the needs of the patient. Sessions last

40 min – 1 hour. These 6 sessions take place over a period of 8-9 weeks. The number of patients seen over the course of the year will vary depending upon the availability of the volunteer.

All volunteers in the program will receive training in clinical skills crucial to effective psychoeducation as well as training specific to the curriculum for the program. Training takes place in March 2014 at the Hispanic Clinic with a psychiatrist and psychologist. In addition to the curriculum, facilitators are taught the principles of population health, quality improvement, and motivational interviewing. These valuable skills and principles are taught in a way that will allow you to apply them to other contexts in the future. During the program, facilitators will meet with a mental health professional each week in between sessions (usually on Wednesdays at 5pm) to review the content of the previous week's sessions, troubleshoot any issues, and make an individualized plan for the next session.

Other than an interest in providing much-needed mental health services to immigrants in the Fair Haven community, the only requirements to volunteer in this program is Spanish fluency and 6 Saturdays when you can come into clinic for sessions over a period of two months. Most facilitators will have 3 patients at most at any given time. The number of two-month blocks that you offer psychoeducation is up to you and your availability. This program was piloted in Spring 2012 with great success and is one of the first initiatives to offer mental health services at the HAVEN Free Clinic – we hope you choose to become a part of this exciting new program!

If you have any questions please email marco.ramos@yale.edu.

How do I apply?

Complete and return the **attached application** to havenfreeclinic@gmail.com by Friday, January 31, 2014 at midnight, EST.



Neuropsychology Practicum Training

Neuropsychology Division
Department of Neurology Yale
School of Medicine 800
Howard Avenue, LL New
Haven, CT 06519

PRACTICUM OVERVIEW:

- One position
- 9 months: 8/24/2015 to 5/23/2016 (flexible)
- Mondays, 8am – 4pm (typical, but flexible based on department educational opportunities)
- Participate directly in one patient case, every two weeks.
 - *Week 1:* NP Assessment/Observation, scoring, and supervision
 - Homework: Article(s) review of relevant disorders; practice assessment measures
 - *Week 2:* Scoring, report writing, and supervision (and/or educational activity)
 - Homework: Report writing
- Clinical neurology education as optional experiences including epilepsy case conference (Mondays: 3:30-6:30); Deep Brain Stimulation case conference (First Wednesday of every month: 5:30-7:30pm); Neuroradiology conference (Thursdays: 4-5pm); neuropathology (e.g., brain cutting); neurology case report and neurology resident noon conferences.
- Option to observe clinical neurology rounds in hospital (e.g., stroke, epilepsy, tumor)
- Possible surgical observations include craniotomy and WADA.

PROGRAM PHILOSOPHY:

The goal of our practicum training program is to develop the foundational competencies relevant to the clinical practice of neuropsychology. Our practicum is designed to teach the scientific collection of patient data, the application of empirical findings in case conceptualization, and to enhance understanding of brain-behavior relationships. Focused attention will fall on the psychological science of our specialty. Students will be encouraged to conduct literature reviews of encountered disorders and test measures. This position will emphasize unparalleled professional behavior, clinical sensitivity, and empathy in all aspects of patient interaction. A critical aspect of clinical work occurs after the patient leaves including meticulous scoring and report writing as our impressions and recommendations will guide patient treatment, diagnosis, and referral considerations.

TRAINING MODEL:

We are a very busy clinic service within the Department of Neurology. As such, this practicum in Neuropsychology is likely best designed for student who has a strong interest in pursuing a clinical career in neuropsychology or a neuroscience research career that requires a formal understanding of clinical neuropsychological assessment. Our referrals come from clinics all over the hospital and local community, but also outside of the state and sometimes even from around the world. As such trainees will have exposure to a wide array of referral questions including epilepsy, movement disorders (e.g., Parkinson's disease), multiple sclerosis, medical (e.g., oncology) and neurodegenerative disorders (e.g., Alzheimer's disease). Assessments will be approached and considered from multiple diagnostic,

therapeutic, and research perspectives. The practicum student will be expected to learn to administer and interpret a wide variety of neuropsychological instruments over the course of the year. The student will gain experiences with three different supervisors who frequently administers a core subset of measures, but also utilize a flexible battery approach broadening the experiences for the student. Practicum students will gain exposure to all aspects of a formal neuropsychological evaluation. This will begin with observation of the clinical interview and testing, progress to administration and scoring of testing measures with use of appropriate normative data, and begin to learn the art of report writing. Students will be provided ample supervision, but at least one hour of face-to-face time each week (likely considerably more). The only formal prerequisite is coursework in assessment and some initial experience with psychological assessment measures and writing. We are committed to creating an exceptional training experience and we will work with each student to meet their training goals. At this time one position is available, but we anticipate two positions for the 2016-2017 year!

SUPERVISORS:



Franklin Brown, PhD ABPP-CN

Dr. Brown specializes in the cognitive assessment of epilepsy (and epilepsy surgery consultations), multiple sclerosis and neurodegenerative disorders. His research focuses on visual memory, cognitive inefficiency, and using tests to differentiate etiologies for cognitive decline. Dr. Brown developed the Brown Location Test which he continues to research in temporal lobe epilepsy patients as well as a variety of other patient populations.



Christopher Benjamin, PhD

Dr. Benjamin is an adult neuropsychologist and a neuroscientist specializing in epilepsy. After training in Australia he completed his research training at Children's Boston/Harvard Medical School in fMRI and DWI for surgical planning, and his postdoctoral fellowship in clinical neuropsychology at UCLA's Semel Institute. His research centers on the use of functional MRI for presurgical mapping of language.



Emily Sharp, PhD

Dr. Sharp specializes in the assessment of neurodegenerative disorders (e.g., Alzheimer's disease) and Parkinson's disease (DBS surgery patients) as well as other medical, neurologic and psychiatric conditions. As both a clinician and a researcher, she is broadly interested in aging and cognition. Her current research is focused on the relationship between cognitive engagement and cognitive decline with specific interest in interventions designed to delay and reduce the functional implications of cognitive impairment.

APPLICATION MATERIALS (via email please):

- Brief statement of interest (can be the body of your email).
- CV
- Deidentified writing sample (e.g., a prior neuropsychological or psychological report)
- Two letter of recommendation sent via email directly from your letter writers

Application deadline: February 27th

***Email your application to Emily Sharp, PhD emily.sharp@yale.edu**

New Possibilities:

<http://medicine.yale.edu/psychiatry/psychology/predoc/sites/cmhc/westhaven.aspx>

Child and Adolescent Rotation

The extern on the Child and Adolescent Team will be expected to conduct psychosocial evaluations, and carry a small caseload of individual clients throughout the year. This extern will also be responsible for co-leading a parenting group at our local Head Start. A requirement for this position is attendance at our weekly team meetings, which are held on Mondays from 9am-10am.

Our clinical externs on the child and adolescent team usually see approximately five cases at any one time, while also engaging in other clinical activities. Presenting problems include an array of internalizing (mood or various anxiety disorders) and externalizing disorders (ADHD, ODD), and some cases are more focused on family-based therapy (e.g. PMT) than individual therapy. Many of our clients live in poverty, so we also do a great deal of case management, as well. Our current externs are also co-leading a preschool group at the local Head Start, as well as engaging in psychological testing (mainly to assess for learning disabilities or the presence of ADHD). Psychological testing is optional, and usually completed in addition to the regular externship requirements (attending team meetings, seminar and seeing five cases). Our commitment is 16-20 hours per week, with Monday mornings a requirement, as we have seminar at 9am and team meetings at 11am. We also have a Trauma-Focused CBT group supervision at noon on Mondays.

If this sounds like the type of experience you are looking for in the coming year, and you will be available on Monday mornings, we can arrange a time for you to visit the clinic and meet with both me (Dr. Christy Olezeski) and one of the other psychologists at WHMHC, Dr. Nakia Hamlett. We plan to hold interviews in late January/early February, with offers being extended in early March. Prior to meeting with you, we ask that you provide us with an updated CV, along with a letter of interest.

Young Adult Services Rotation

The extern on the Young Adult Services Team will be expected to assist in the creation of behavioral plans for young adults in residential and inpatient settings. This extern will work in collaboration with the behavioral

specialist in helping to implement these plans and troubleshoot difficulties, as necessary. This extern will also be expected to conduct psychosocial testing, as needed. A requirement for this position is attendance at least one of our weekly team meetings, which are held on Tuesdays and Fridays from 9am-10am.

If you would like to learn more information about these placements, please email or call me at the number below. If you know of a student who may be interested in applying, please have them send a cover letter and curriculum vitae or resume to my attention.

Thank you,

Christy Olezeski, Ph.D.

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Department of Psychiatry
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270 Center Street
West Haven, CT 06516*

*(203) 974-5910 (Office)
(203) 974-5905 (Fax)
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Connecticut Mental Health Center Outpatient Services

Thomas Styron, Ph.D. (thomas.styron@yale.edu)

The CMHC has the responsibility for providing comprehensive behavioral health services within the Greater New Haven area. Services offered include initial evaluation and assessment of prospective patients, emergency crisis-oriented services, outreach and engagement, short-term inpatient care, brief and continuing individual, family, couples, and group psychotherapy on an outpatient basis, rehabilitative programs, and a wide range of ongoing consultation and prevention programs. In addition, a number of research projects are sponsored by clinical, consultation, and research units at CMHC.

Because of the heterogeneous nature of the CMHC's faculty, staff, and clients, externs learn about the importance and implications of socioeconomic, cultural, ethnic, and racial issues in the process of individual, organizational, and community functioning and change. Considerable opportunities exist to work collaboratively and effectively in diverse interdisciplinary, cultural, and racial contexts with diverse professional staff within and outside the CMHC.

The CMHC Outpatient Services (OPS) provides mental health treatment to adult residents of New Haven with serious psychiatric disabilities. OPS maintains a continuous treatment program providing clinical services to clients who require longer term or ongoing care and provides occasional opportunities for briefer, more focused interventions. In addition to clinical case management, psychiatric rehabilitation, assistance in coordinating community services and supports, and psychopharmacologic treatment, OPS provides various forms of psychotherapy. Individual, group, and family therapy are offered either on-site or in the community. Most of the clientele who receive services at OPS experience multiple, co-occurring clinical problems as well as social stressors such as poverty, inadequate housing and benefits, and unemployment. OPS clinicians offer multifaceted clinical services that are focused not only on ameliorating psychiatric symptoms but also on helping persons with serious impairments to build their lives in the community.

Graduate externs work as part of an OPS multidisciplinary treatment team -- including nursing, social work and psychiatry interns and staff -- that bears clinical and administrative responsibility for a large number of clients. Team members, including externs, practice within a primary clinician model, carrying their own individual caseloads, which are assigned by the team director. Team meetings provide an opportunity for group discussion of general issues, difficult cases, and administrative problems. Each team also includes an attending psychiatrist who is available to externs and other team members for individual consultation about medications and any other medical issues that may emerge.

Training is given high priority in the Division. Abundant individual supervision is provided for individual and group treatment. Externs participate in a weekly clinical case seminar that also examines clinical, systems, and professional development issues.

Minimum time requirement per week is 15 hours. Students should contact Dr. Styron directly by early December for a July or September start date the following year.

VA Connecticut - West Haven Campus

Contact person: John Beauvais, Ph.D.

VA Connecticut Healthcare System - West Haven Campus (VACHS) offers healthcare services to a diverse population of veterans that are provided in a wide range of healthcare delivery settings. VACHS provides primary, secondary, and tertiary care services in multiple areas (e.g., medicine, geriatrics, neurology, surgery, and mental health) and also provides specialized services for specific clinical problems (e.g., blind rehabilitation, psychosocial rehabilitation for seriously mentally ill, geriatric rehabilitation, women's health care, psychological and pastoral counseling, alcohol and substance abuse treatment). Several programs have been designated as Centers of Excellence (e.g., National Center for PTSD, MIRECC, and Primary Care). Psychology staff members are directly integrated into many of these clinical settings, but also serve these populations on a consultative basis. Three internship tracks are available to graduate students depending on their interests and level of training; Clinical Health Psychology, General Mental Health, and Clinical Neuropsychology. For more information, please visit <http://www.psychologytraining.va.gov/westhaven/>

1. Clinical Health Psychology Track:

Primary Care/Health Psychology Clinic: Students learn to conduct comprehensive biopsychosocial evaluations and to provide individual, couples, and group treatment from cognitive-behavioral and rehabilitation perspectives. While serving this clinic, students are likely to work with veterans who are having difficulties adjusting and adapting to acute or chronic illnesses as well as complex health-relevant problems such as adherence concerns, somatic issues and related unexplained physical symptoms, and other behavioral issues impacting medical treatment (i.e., needle phobia).

The Integrated Pain Clinic (IPC): The IPC is an interdisciplinary clinical, research, and training program committed to the evaluation of the interaction of the physical, psychological, and sociocultural aspects of chronic pain and to the development of integrated approaches to pain management. Evaluation, treatment planning, active intervention, and long-term case management increasingly occur in collaboration with the primary care team.

Weight Control – MOVE! and MOVE-IT!: The Health Psychology Service is taking part in a national VA initiative called *MOVE!* (Managing Obesity/Overweight Veterans Everywhere) and are involved in interdisciplinary programs that address weight concerns, including an intensive individual treatment program called *MOVE-IT!*

Smoking Cessation Clinic: The Health Psychology Service offers behavioral intervention for smoking cessation through both individual and group-based clinics. Interventions include psychoeducation, motivational enhancement, and behavioral goal setting. We work in collaboration with our Pharmacy service, which provides nicotine replacement therapies to patients participating in the program.

2. PTSD and Comprehensive Outpatient Mental Health Track:

Experiences in this track include working with individual therapy patients (short and long-term) and leading of co-therapy groups. Time may be divided between working with mood and/or psychiatric patients and anxiety disorder/PTSD patients. Personality disorders and substance abuse are often co-morbid conditions seen in many of these patients. Students will receive training in PTSD specialized psychotherapies - both in Prolonged Exposure therapy (PE) and in Cognitive Processing Therapy. Supervision and guidance in providing psychodynamic psychotherapy for anxiety and depression would be also available for practicum student to expose

them to a wide range of therapeutic techniques. Practicum student will also co-lead DBT skills group for individual with emotional deregulation and will be part of DBT consolation team (no on-call duties are required from trainees). Some work with individual who struggle with Severe Mental Illnesses (SMI) would be available for trainees if interested using psychosocial rehabilitation models.

Students interested in this track may contact: Ilan Harpaz-Rotem, Ph.D. (ilan.harpaz-rottem@yale.edu)

3. Clinical Neuropsychology

Exposure to both standardized and process-oriented approaches to neuropsychological assessment is provided, though the primary clinical work utilizes core batteries. Seminar and journal club sessions complement the clinical experiences.

Seminars and Didactics:

The clinical training activities within each specialty track are buttressed by a combination of formal didactic seminars and informal, one-to-one teaching during the course of regular supervisory meetings. Formal seminars include a Core Seminar, and our monthly Psychology Colloquia. In each training track there are specialty experiences that include: a Clinical Neuropsychology Seminar, a Clinical Health Psychology Seminar, and a Behavioral Health Series. Frequently, students give clinical and research presentations in these seminars. All practicum students are encouraged to attend.

*Seminar in Neuropsychology: The first seminar will be on Tuesday September 24th in the 9th floor conference room of Building #1 at the West Haven VA at 1:00pm (room is just off the elevator).

4. Substance abuse treatment:

We would welcome receiving a CV and cover letter about an interest in a practicum experience. We review applications during January.

A practicum student could gain experience in intensive outpatient treatment (Substance Abuse Day Program - SADP) or outpatient treatment (Outpatient Substance Abuse Clinic – OSAC). SADP is primarily group therapy and case management. OSAC is broader range of services including screening, individual psychotherapy, group therapy, and case management. Experiences would be tailored to student interest and staff availability.

David T. Pilkey, Ph.D.

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