Brief Biography

Alan E. Kazdin. Ph.D. is Sterling Professor of Psychology and Professor of Child Psychiatry at Yale University and Director of the Yale Parenting Center, a service for children and families. He received his Ph.D. in Clinical Psychology from Northwestern University. Before coming to Yale, he was on the faculty of The Pennsylvania State University and the University of Pittsburgh School of Medicine. At Yale, he has been Chairman of the Psychology Department, Director of the Yale Child Study Center at the School of Medicine, and Director of Child Psychiatric Services at Yale-New Haven Hospital.

Kazdin’s research has focused primarily on the treatment of aggressive and antisocial behavior in children (inpatient and outpatient). The work has been supported by the National Institute of Mental Health (Research Development, Research Career, MERIT, and R01 Awards) as well as by the William T. Grant Foundation, The Robert Wood Johnson Foundation, John D. and Catherine T. MacArthur Foundation, Rivendell Foundation of America, the Humane Society of America, the Laura J. Niles Foundation, Leon Lowenstein Foundation, and Yale University. His 700+ publications include 49 books that focus on interventions for children and adolescents, cognitive-behavioral treatment, parenting and child rearing, and interpersonal violence. His work on parenting and childrearing has been featured on NPR, PBS, BBC, and CNN and he has appeared on the Today Show, Good Morning America, ABC News, 20/20, and Dr. Phil. He frequently lectures to parents, school personnel, and employees in various business groups interested in learning the latest research and techniques of childrearing.

He has received a number of professional awards. These include: include the Outstanding Research Contribution by an Individual Award and Lifetime Achievement Awards (Association of Behavioral and Cognitive Therapies), Outstanding Lifetime Contributions to Psychology Award and Distinguished Scientific Award for the Applications of Psychology (American Psychological Association), and the James McKeen Cattell Award (Association for Psychological Science). In 2008, he was president of the American Psychological Association.

Webpages for further information

Faculty page  http://psychology.yale.edu/faculty/alan-e-kazdin
Yale Parenting Center  http://yaleparentingcenter.yale.edu/
Innovations Interactions Lab  http://iilab.yale.edu/
Clinical Psychological Science  www.psychologicalscience.org/cps
Parenting work, videos, press room  www.alankazdin.com

Selected YouTube Videos

Parent Management Training: Changing Child Behavior
https://www.youtube.com/watch?v=UfH4DN2W4WM

Bullying Research: Yale On-Line Presentation (2013)
https://www.youtube.com/watch?v=FqM0YqeRsOM

How to Stop Bullying
Big Think: Use of Punishment
https://www.youtube.com/watch?v=8i-sFl1YXxA

James McKeen Cattell Award: Acceptance Comments (2010)
https://www.youtube.com/watch?v=JxEOVqiDLEw

James McKeen Cattell Award Address: Rebooting Psychotherapy (2010)
http://vimeo.com/31029613

Dr. Phil Show (first of 3 appearances) Treating Violent Behavior
https://www.youtube.com/watch?v=vEr_vRY_Yd4
http://drphil.com/shows/video/?XMLPath=%2Fvideo.xml%2F%3FshowID%3D1565%26Type%3DUncensored

Critical Elements of Changing Behavior
https://www.youtube.com/watch?v=4sYF7BhTnNI&list=PLB53D37AD341C7004

Publications

Books


_______________ 1st edition, 1976

_______________ Translated into Spanish, 1981


— Translated into Italian, 2009 (Sovera Multimedia Publisher)


— British version, 2008
— Translated into Korean, 2008
— Translated into Italian, 2008
— Translated into Chinese, 2009
— Translated into Portuguese, 2010
— Translated into Turkish, 2013
— Translated into Romanian, in press

— Paperback, 2009
— Audiobook, Narrated by L.J. Ganser, Audible, Inc., 2010

2009 Mom’s Choice Award® for the book
2010 Self-Help Book of Merit Award, Association for Behavioral and Cognitive Therapies


— Translated into Arabic, in press


— 1st edition, 1982


— (2nd edition, 1980)
— (3rd edition, 1984)
— (5th edition, 1994)
— (Spanish edition, 1978; 2nd edition)
— (Spanish edition, 2005; 5th edition)
— (Chinese edition, 1997)

Transcribed into Korean, in press

Transcribed into Polish, in press


1st edition, 1992

2nd edition, 1998

3rd edition, 2003


2nd edition, 1992, Allyn & Bacon


Italian edition, 1998

Spanish edition, 2001


International edition, 2009

**Monographs and Pamphlets**


Translated into Portuguese, 1977


**Articles and Chapters**


(Abstracted and reviewed in *Intelligence Reports in Psychiatric Disorders: A Critical Survey of Current Developments in Psychiatry, 1983*, 2(3).)


(Reprinted in *Nowiny Psychologiczne* [Polish], 1996, 3, 85-115.)


(Abstracted and reviewed in *Youth Update*, 1990, 8(2), 6.)


(Abstracted and reviewed in the *Clinician's Research Digest*, 1990, 8(5), 7.)
(Reprinted in Association for Child Psychology and Psychiatry Monograph, *Selection of research papers on depressive disorders in childhood*, 1998.)


(Reprinted in *Psihologija u Svetu* [Yugoslavia], 1997, 2, 69-86.)


(Abstracted and reviewed in *Youth Update*, 1992, 10(3))


(Abstracted and reviewed in the *Clinician's Research Digest*, 1993, 11(5), 6.)

(Reprinted in *Nowiny Psychologiczne* [Polish], 1996, 2, 39-74.)


(Abstracted and reviewed in the *Clinician's Research Digest, 1993, 11*(11), 4.)


(Abstracted and reviewed in the Clinician's Research Digest, 1996, 14(11), 4.)


(Abstracted and reviewed in *Youth Update, 1997, 15*(2), 2-3)


(Abstracted and reviewed in the *Clinician's Research Digest, 1997, 15*(11), 2.)


(Abstracted and reviewed in *Behavioral Health Outcomes, 1998, 3*(9).)


(Kabstracted and reviewed in the *Clinician's Research Digest*, 1999, 17(5), 2.)


(Abstracted and reviewed in *Youth Update*, 1999, 17(2), 3.)


(Reviewed by several magazines and news sources, e.g., Times Magazine On-Line, New Therapist Magazine, Science Newsline Medicine, Women’s Health, Natural Health Care [Canada], Psykologia [Finland], Weekly Science and Technology Report, Health, Medicine Articles and More, e! Science News, Science Daily)


**Book Reviews and Brief Notes**


(Reprinted in *The Behavior Therapist*. 1979, 2(1).)


Kazdin, A.E. (2002). Commentary: A school-based psychosocial intervention was effective in children with persistent post-disaster trauma symptoms. Evidence-Based Mental Health, 5, 76.


- January, Priorities for the Year Ahead
- February, Ensuring that our Findings have Impact
- March, Unity: Psychology’s Immunity Booster
- April, Overcoming Obstacles to Care
- May, Research Trials and Tribulations
- June, Education for us and the World
- July/August, We Bring Good Psychology to Lives
- September, Communicating Psychology: Instant and Enduring Messages
- October, Trauma in Children: How Can we Communicate what we Know?
- November, Climate change: Psychology Can Help
• December, Farewell and Fare Well


(Note: For a complete Vita, please write directly to alan.kazdin@yale.edu)